For ADULTS only! It is harmful to give, buy or serve alcohol to anyone under the age of 18.

It is equally harmful to hold parties where alcohol is provided for young people under the age of 18. Here is WHY:

PERMITTING YOUNG PEOPLE TO DRINK EXPLICITLY INDICATES APPROVAL OF UNDERAGE DRINKING. UNDERAGE DRINKING IS KNOWN TO SIGNIFICANTLY INCREASE THE RISK OF THAT YOUNG PERSON BECOMING ADDICTED TO ALCOHOL.

SO, THIS SUMMER Do not give, buy or serve alcohol to young people!

Giving alcohol to someone who is under the age of 18, or turning a blind eye when a young person is consuming alcohol is dangerous and irresponsible. Step in and put a stop to it. Some adults use alcohol as a special occasion celebration, perhaps allowing their child to have a sip of beer, wine or champagne at special events, we must advise strongly against this.

Talk with young people about why alcohol is harmful for them. Tell them that underage drinking is against the law and for good reason. Explain that alcohol is harmful for young people whose brains & bodies are still growing and developing.

Model responsible alcohol behavior in front of them. Simply stated, children copy adults' behavior, therefore model restraint and set a good example. If you choose to drink, you can positively influence your child by drinking in moderation and never driving if you've been drinking.

If you or your partner struggle with alcohol use, seek professional help. Call 295 5982.

ADULTS MAKE THE DIFFERENCE STOP UNDERAGE DRINKING

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